

Active Family Chiropractic of Gaithersburg, MD Introduces State-of-the-Art 3D Foot-Scanning Technology to Help Diagnose and Treat Postural Problems

Gaithersburg chiropractor Dr. Greg Swistak and his team at Active Family Chiropractic have added the Foot Levelers Platinum V7+ Digital Foot Scanner to their patient assessment toolkit. With advanced 3D BodyView imaging technology, the new scanner can help the doctor identify postural asymmetries and imbalances that begin with the feet but can cause fatigue and pain in other muscles and joints.

Gaithersburg, MD ([PRWEB](#)) March 21, 2013 -- Many of the postural problems that cause knee, hip and back pain actually begin a lot lower—with the feet. As an expert in the field of bio-mechanics and a [chiropractor](#) with over 15 years of experience, Dr. Swistak recognizes that it's critical to identify and treat the underlying causes and not just the obvious symptoms. Now 3D BodyView makes it easier to communicate that important message to his patients. "3D BodyView produces a very accurate 3D volumetric image in true color that enables us to actually show patients levels of asymmetry throughout the body and how they may relate to the feet. This can help us find postural problems that are causing pain in the feet, knees, hips and lower back. Once we understand—and the patient understands—the underlying issues, we can create [custom orthotics](#) to address them."

While Dr. Swistak has introduced the new assessment technology to his patients slowly since the beginning of the year, he's already excited about the results he's seeing. "The five to ten patients we've worked with so far have had great results, including a reduction in symptoms and improved balance. My wife and I have also been using them (custom stabilizing orthotics) for several months and have noticed a big difference in how our feet, legs and back feel at the end of the day."

Education is a powerful thing. When people recognize the relationship between their feet and their body's overall alignment, they begin to see how custom orthotics can help. Dr. Swistak explains, "People think orthotics are just for foot problems and don't realize they are good for lower back pain, knee pain and hip pain. Once arches in the feet are compromised, there is no way to restore them. However, research shows that custom orthotics can increase strength and balance. Plus they can even improve the effectiveness of chiropractic adjustments."

People interested in receiving an evaluation and learning whether custom orthotics might help them have an added incentive to schedule an appointment and visit the office before April 1. For the remainder of March, any patient who purchases a pair of orthotics at Active Family Chiropractic will receive a 50% discount when he or she purchases a second pair for themselves. Dr. Swistak says, "Our whole team understands the difference that custom stabilizing orthotics can make, and we're pleased to pass this savings along to our patients."

About Dr. Greg Swistak and Active Family Chiropractic

Greg Swistak, D.C. is a member of the Maryland Chiropractic Association and the International Chiropractic Pediatric Association. He is also a Fellow of the American Medical Acupuncture Society and a well-known lecturer on complementary and alternative medicine. He received his Doctor of Chiropractic degree in 1997 from the Palmer College of Chiropractic.



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