

## **Active Family Chiropractic of Gaithersburg, MD Introduces Nutra Disc, a New Dietary Supplement Designed to Support Patients' Spinal Disc and Connective Tissue Health**

*Gaithersburg, MD chiropractor Dr. Greg Swistak and the team at Active Family Chiropractic are pleased to announce that the clinic will begin making a new spinal disc and connective tissue health supplement available to patients. The new dietary supplement, called Nutra Disc, contains a proprietary blend of ingredients specially designed to reduce inflammation, promote collagen production and support the rebuilding of cartilage.*

Gaithersburg, MD ([PRWEB](#)) July 26, 2013 -- Spinal disc and joint health is a top priority at Active Family Chiropractic. That's why long-time [Gaithersburg chiropractor](#) Dr. Greg Swistak has chosen to offer Nutra Disc to his patients. "What's really exciting about this dietary supplement is that it's specially targeted to degenerative joint disease, including osteoarthritis and rheumatoid arthritis, as well as spinal disc-related issues. It includes Meriva, a patented formulation of curcumin, the anti-inflammatory substance in turmeric." One of the key benefits of Meriva—as opposed to other curcumin extracts—is that it is much more easily absorbed by the body and therefore has much better bioavailability. Nutra Disc also contains glucosamine and chondroitin, which strengthen the body's natural joint repair mechanism and encourage the synthesis of new cartilage.

In deciding to offer Nutra Disc to his patients, [Dr. Swistak](#) was motivated by both the product's potential benefits and his prior experience with the company that produces it. "Nutritional supplements are only ever as good as the company behind them. I've been using Anabolic Laboratories for over 10 years. Since they hold themselves to drug company standards in development and manufacturing, I have great confidence in them and in their products."

Founded in 1924, Anabolic Laboratories has a long history and a strong reputation among healthcare practitioners who prescribe the company's nutritional supplements. As a manufacturer of over-the-counter and prescription pharmaceuticals as well as nutritional supplements and prescription nutritional products, Anabolic Laboratories is regularly inspected and audited by the FDA, DEA and the NPA (Natural Products Association) in addition to various international pharmaceutical regulators. Very few nutritional product manufacturers have the same oversight or quality control standards in place. Physicians and other healthcare providers have a standing invitation to visit either of the company's two state-of-the-art facilities in Irvine, CA and Colorado Springs, CO. Dr. Swistak encourages patients who are interested in learning more about Anabolic Laboratories' processes and standards to visit the company's website at <http://www.anaboliclabs.com/paCompanyInfo.aspx>.

About Dr. Greg Swistak and Active Family Chiropractic

Greg Swistak, D.C. is a member of the Maryland Chiropractic Association and the International Chiropractic Pediatric Association. He is also a Fellow of the American Medical Acupuncture Society and a well-known lecturer on complementary and alternative medicine. He received his Doctor of Chiropractic degree in 1997 from the Palmer College of Chiropractic.

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